

'Transformed: How God Changes Us' | Study Guide

WEEK 9: VOCATIONAL HEALTH (Part A)

Key Verse: "Work willingly at whatever you do, as though you were working for the Lord rather than people." - *Colossians 3:23*

Discuss: What stood out to you from Sunday's sermon?

Watch: Video introduction by Pastor Steve

Recap "*Biblical Attitudes for a Healthy Work Life – Part A*" (Read through Bible verses)

1. I must understand who I'm really working for. (Col. 3:23-24)
2. I must start working enthusiastically wherever I am. (Rom. 12:11; Lk. 16:10,12; Prov. 12:24)
3. I must concentrate on building my character. (Rom. 5:3-5)

Daily Motto:

- ❖ "I will stop working for a paycheck or affirmation and start working for Jesus!"

Discussion questions for encouraging one another: (If your group is large, please break people up into groups of 4 or less.)

- ❖ Growing up as a child, what attitudes did you pick up about work from the adults in your life? (Parents, grandparents, etc.) Which of the attitudes about work that you picked up has been helpful? Unhelpful?
- ❖ Growing up did any of the adults in your life teach or model for you one or more of the three biblical attitudes for a healthy work life listed above?
- ❖ Which of the three biblical attitudes toward work have you been able to experience in your life?

Discussion questions for challenging one another:

- ❖ Of the three biblical attitudes for a healthy work life, which is easiest, which is hardest for you and why?
- ❖ What one step do you feel the Lord is asking you to take in instituting biblical attitudes for a healthy work life?

Closing prayer:

- ❖ Thank God for the gift of work and commit to allowing the Holy Spirit to build your character in your work setting.

'Transformed: How God Changes Us' | Daily Devotional

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Key Verse: "Work willingly at whatever you do, as though you were working for the Lord rather than people." - *Colossians 3:23*

*This week's devotions take us into the life of Joseph.

Daily readings:

- ❖ Monday – Read Genesis 29:1-27
- ❖ Tuesday – Read Genesis 37:1-36
- ❖ Wednesday – Read Genesis 39:1-23
- ❖ Thursday – Read Genesis 40:1-23
- ❖ Friday – Read Genesis 41:1-57

Reflect:

- ❖ What does the passage reveal about God's heart?
- ❖ What can you relate to in this passage?
- ❖ Where do you see 'transformation' in this passage?
- ❖ What do you think God wants you to believe about Him after reading this passage?

What first step are you taking to implement the attitude you want to begin to improve your vocational health? Who will you connect with to establish accountability for this new practice?

❖ _____

Write a prayer to God to help you in your vocational health:

❖ _____

