

# 'Transformed: How God Changes Us' | Study Guide

## WEEK 10: VOCATIONAL HEALTH (Part B)

**Key Verse:** <sup>18</sup> And all of this is a gift from God, who brought us back to himself through Christ. And God has given us this task of reconciling people to him. <sup>19</sup> For God was in Christ, reconciling the world to himself, no longer counting people's sins against them. And he gave us this wonderful message of reconciliation. <sup>20</sup> So we are Christ's ambassadors; God is making his appeal through us. We speak for Christ when we plead, "Come back to God!" – 2 Cor.5:18-20

**Discuss:** What stood out to you from Sunday's sermon?

**Watch:** Video introduction by Pastor Luke

**Recap** *"Biblical Attitudes for a Healthy Work Life – Part B"* (Read through Bible verses)

4. I must care about the people I work with. (1 Cor.16:14; Phil.2:4; Eph.4:1-2)
5. I must exceed what is expected of me. (Mt.5:41; Col.3:22)
6. I must expand my skills with continual learning. (Prov.2:6-7; Eccl.10:10)
7. I must dedicate my work to be used for God's purposes. (Prov.16:3; 2 Cor.5:18-20; Phil.2:12-18)

**Daily Motto:**

- ❖ "I will accept and fulfill my role as an ambassador of Jesus to my workplace."

**Discussion questions for encouraging one another:** (If your group is large, please break people up into groups of 4 or less.)

- ❖ Growing up as a child, which of the final four attitudes did you see the adults in your life live out? (Parents, grandparents, etc.)
- ❖ Which of the final four biblical attitudes toward work have you been able to experience in your life? How has living out these attitudes changed your work experience?

**Discussion questions for challenging one another:**

- ❖ Of the final four biblical attitudes for a healthy work life, which is easiest, which is hardest for you and why?
- ❖ What one step do you feel the Lord is asking you to take in instituting biblical attitudes for a healthy work life?

**Closing prayer:**

- ❖ Thank God for the gift of people that he has placed in your work setting and ask Him for courage to share the Gospel with them.

# 'Transformed: How God Changes Us' | Daily Devotional

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\*This week's devotions show us the beginnings of Nehemiah's incredible work of rebuilding the walls of Jerusalem.

### Daily readings:

- ❖ Monday – Read Nehemiah 1:1-11
- ❖ Tuesday – Read Nehemiah 2:1-20
- ❖ Wednesday – Read Nehemiah 3:1-32
- ❖ Thursday – Read Nehemiah 4:1-23
- ❖ Friday – Read Nehemiah 5:1-19

### Reflect:

- ❖ What does the passage reveal about God's heart?
- ❖ What can you relate to in this passage?
- ❖ Where do you see 'transformation' in this passage?
- ❖ What do you think God wants you to believe about Him after reading this passage?

**What first step are you taking to implement the practice you want to begin to improve your vocational health? Who will you connect with to establish accountability for this new practice?**



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**Write a prayer to God to help you in your vocational health:**



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